Mr. Maass’ PE Units

1st Trimester

Multicultural Dance (7) or Square Dance (8): August/Sept.

Jump Rope (7) or Football (8): September/October

Choice Unit #1: October

Fitness Testing #1: October/Nov.

Volleyball: November

2nd Trimester

Paddleball: November/December

Basketball: December/January

Choice Unit #2: January/Feb.

Fitness Testing #2: February

Track & Field: February

3rd Trimester

Soccer: March

Fitness Testing #3: April

Dodgeball: April

Court Hockey (7) or Ultimate Frisbee (8): April/May

Choice Unit #3: May

Softball: May/June